







St Benedict's Catholic Primary School - Week One








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sausage & Mash Choose from fresh butcher's quality pork sausages or Quorn sausages served with homemade mashed potatoes, peas, and gravy.</p> 	<p>Chicken & Tomato Pasta Bake Fresh chicken pieces cooked in a homemade tomato sauce and mixed with pasta spirals served with broccoli.</p> 	<p>Roast Dinner Choose from roast of the day or a Quorn fillet served with roast potatoes, carrots, cauliflower, and gravy.</p> 	<p>Chilli Nachos Choose from either fresh minced beef or Veggie mince cooked with onions, mild chilli powder, red kidney beans and nachos. Served on a bed rice.</p> 	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink A selection of juice and water will be available daily</p>				



St Benedict's Catholic Primary School - Week Two



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pasta Bar Pasta served with your chosen topping. Choose from tomato or cheese sauce, topped with ham, cheese or pepperoni.</p> 	<p>Chicken Balti Choose from a homemade Chicken Curry or a Quorn Curry served with Basmati Rice, Naan bread & sweetcorn.</p> 	<p>Roast Dinner Choose from sausage or a Quorn sausage served with roast potatoes, carrots, cauliflower, and gravy.</p> 	<p>Spaghetti Bolognaise Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with broccoli.</p> 	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink A selection of juice and water will be available daily</p>				



St Benedict's Catholic Primary School - Week Three



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Homemade Pizza Choose from cheese & tomato or pepperoni served with sweetcorn and potato wedges.</p> 	<p>Mince and Mash Choose from fresh mince beef or Quorn mince cooked in stock with onions and carrots and served with homemade mash potatoes.</p> 	<p>Roast Dinner Choose from either roast of the day or a Quorn fillet served with Yorkshire pudding, roast potatoes, carrots, green beans and gravy.</p> 	<p>Creamy Chicken Curry Choose from a homemade Creamy Chicken Curry or a Sweet Potato & Lentil Curry served with Basmati Rice, Naan bread.</p> 	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.</p> 
<p><i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, and finally. finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink A selection of juice and water will be available daily</p>				