



ST. BENEDICT'S

CATHOLIC PRIMARY SCHOOL

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Headteacher Mr M Phillips

19th June 2023

Dear Parents/Carers,

Over the next few weeks, we will be covering the 'Journey in Love' programme to teach Relationship and Sex Education. It is the programme recommended by the Archdiocese and approved by our Governors. It is taught from Nursery to Year 6, developing children's understanding over the years at age-appropriate levels.

The programme covers different aspects of relationships including families, friendships and community. It also helps children to understand emotions and how to handle them. As children get older, it teaches them about changes in their bodies as they reach puberty.

You will find a brief overview of the content overleaf. If you would like to see the programme in more detail, please do not hesitate to speak to your child's class teacher.

Children in Years 1-6 will have their Journey in Love lessons over the next two weeks. It is taught in September in Nursery and Reception. The lessons will always be handled sensitively by the class teachers. Sex Education is not a compulsory part of the curriculum and therefore you may wish to withdraw your child from these lessons. However, we recommend that all children take part because helping children to understand themselves and their relationships is such an important part of growing up.

Thank you for your continued support,

Yours sincerely,

Mr. M. Phillips
Head Teacher