

St Benedict's Catholic Primary School

Curriculum Overview: RSHE



With Jesus, we learn,
love and laugh

| | Autumn | Spring | Summer |
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| Nursery | <u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Handmade with Love | <u>Module 2- Created to Love Others</u> <u>Unit 1-Religious Understanding</u> Role Model <u>Module 2-Created to Love Others</u> <u>Unit 2-Personal Relationships</u> Who's Who? You've got a Friend in Me Forever Friends | <u>Module 2-Created to Love Others</u> <u>Unit 3-Keeping Safe</u> Safe Inside and Out My Body, My Rules Feeling Poorly People Who Help Us <u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> God is Love Loving God, Loving Others <u>Module 3-Created to Live in the Community</u> <u>Unit 2-Living in the Wider World</u> Me, You, Us |
| Reception | <u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Handmade with Love | <u>Module 1-Created and Loved by God</u> <u>Unit 2-Me, My Body and My Health</u> I Am Me Heads, Shoulders, Knees and Toes Ready Teddy <u>Module 1-Created and Loved by God</u> <u>Unit 3-Emotional Well-Being</u> I Like, You Like, We All Like! All the Feelings Let's Get Real | <u>Module 1-Created and Loved by God</u> <u>Unit 4-Life Cycles</u> Growing Up <u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> God is Love Loving God, Loving Others <u>Module 3-Created to Live in the Community</u> <u>Unit 2-Living in the Wider World</u> Me, You, Us |
| Year 1 | <u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Let the Children Come <u>Module 2-Created to Love Others</u> <u>Unit 1-Religious Understanding-</u> God Loves Us | <u>Module 2-Created to Love Others</u> <u>Unit 2-Personal Relationships</u> Special People Treat Others Well And Say Sorry <u>Module 2-Created to Love Others</u> <u>Unit 3-Keeping Safe</u> Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can You Help Me? (Part 1) Can You Help Me? (Part 2) | <u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> Three in One Who is my Neighbour? <u>Module 3-Created to Live in the Community</u> <u>Unit 2-Living in the Wider World</u> The Communities We Live In. |

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| Year 2 | <p><u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Let the Children Come</p> | <p><u>Module 1-Created and Loved by God</u> <u>Unit 2-Me, My Body and My Health</u> I Am Unique Girls and Boys Clean and Healthy</p> <p><u>Module 1- Created and Loved by God</u> <u>Unit 3-Emotional Well-Being</u> Feelings, Likes and Dislikes Feelings Inside Out Super Susie Gets Angry</p> | <p><u>Module 1-Created and Loved by God</u> <u>Unit 4-Life Cycles</u> The Cycle of Life</p> <p><u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> Three I One Who is My Neighbour?</p> <p><u>Module 3-Created to Live in the Community</u> <u>Unit 2-Living in the Wider World</u> The Communities we live in</p> |
| Year 3 | <p><u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Designed for a Purpose The Sacraments</p> <p><u>Module 2-Created to Love Others</u> <u>Unit 1 -Religious Understanding</u> Jesus My Friend</p> | <p><u>Module 2-Created to Love Others</u> <u>Unit 1-Personal Relationships</u> Family, Friends and Others When Things Feel Bad When Things Change</p> <p><u>Module 2-Created to Love Others</u> <u>Unit 2-Keeping Safe</u> Sharing Online Chatting Online Physical Contact Drugs, Alcohol and Tobacco First Aid Heroes</p> | <p><u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> A Community of Love What is the Church?</p> <p><u>Module3-Created to Live in the Community</u> <u>Unit 2-Living in the Wider World</u> How Do I Love Others?</p> |
| Year 4 | <p><u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Get Up The Sacraments</p> | <p><u>Module 1-Created and Loved by God</u> <u>Unit 2-Me, My Body and my Health</u> We Don't Have to Be the Same Respecting Our Bodies What is Puberty? Changing Bodies</p> <p><u>Module 1-Created and Loved by God</u> <u>Unit 3-Emotional Well-Being</u> What am I Feeling? What am I looking At? I am Thankful</p> | <p><u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> A Community of Love What is the Church?</p> <p><u>Module 3-Created to Live in the Community</u> <u>Unit 2-Personal Relationships</u> How Do I Love Others?</p> |
| Year 5 | <p><u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Calming the Storm</p> <p><u>Module 2- Created to Love Others</u> <u>Unit 1-Religious Understanding</u> Is God Calling You?</p> | <p><u>Module 2-Created to Love Others</u> <u>Unit 2-Personal Relationships.</u> Under Pressure Do You Want a Piece of Cake? Self-Talk</p> <p><u>Module 2-Created to Love Others</u> <u>Unit 3-Keeping Safe</u> Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance</p> | <p><u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> The Trinity Catholic Social Teaching</p> <p><u>Module 3-Created to Live in the Community</u> <u>Unit 2-Living in the Wider World</u> Reaching Out</p> |
| Year 6 | <p><u>Module 1-Created and Loved by God</u> <u>Unit 1-Religious Understanding</u> Calming the Storm</p> | <p><u>Module 1-Created and Loved by God</u> <u>Unit 2-Me, My Body and My Health</u> Gifts and Talents Boys' Bodies Girls' Bodies Spots and Sleep</p> <p><u>Module 1-Created and Loved by God</u></p> | <p><u>Module 3-Created to Live in the Community</u> <u>Unit 1-Religious Understanding</u> The Trinity Catholic Social Teaching</p> <p><u>Module 3-Created to Live in the Community</u> <u>Unit 2-Living in the Wider World</u> Reaching Out</p> |

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| | | <p><u>Unit 3--Emotional Well-Being</u></p> <p>Body Image Funny Feelings Emotional Changes Seeing Stuff Online</p> <p><u>Module 1- Created and Loved by God</u></p> <p><u>Unit 4-Life Cycles</u></p> <p>Making Babies-Part 1 Making Babies –Part 2 Menstruation</p> <p>Taught in 'Journey In Love.'</p> | |
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